

#### A Message from Matron

I hope this newsletter finds you all well and that 2023 has been kind to you so far. I have included some photographs from last Christmas as this is the first newsletter of the new year. We all had a lovely time and we would like to thank you for the extremely generous gifts of money to the staff fund and also for the beautiful chocolates, biscuits and flowers. Most importantly, we thank you for the kind words expressed in your cards, which really warms our hearts.



I am very pleased to welcome back Carinna (Lumayno). For those of you who have not met her yet, Carinna is also a Registered Manager and has been on maternity leave since giving birth to her beautiful second daughter Sophie in November. She has now returned and we will share the management roles, ably assisted by our Deputy Manager Dybien. Reji Sanyal continues to be the clinical lead.

Having had a few carers leave or go on maternity leave recently, we are now in the process of rebuilding our team. I am sure you are very aware of the shortage of good carers and nurses in the UK, but please be assured that we do not make use of agencies as we much prefer the continuity of permanent staff. Kineton Manor has a Home Office licence which enables us to sponsor good quality, highly trained staff from abroad, meaning we can continue to deliver the highest quality care for your loved ones.

# Christmas 2022

As every year, our residents (and staff) had a fun filled Christmas. It was lovely to be able to welcome more visitors into the home than in previous recent years. We held two very successful theatrical performances and residents also enjoyed seeing our local "Swan Singers" perform a selection of Christmas carols.. We were also treated to songs by David Sanders and Simon Forrester.



# Valentine's Day Entertainment

Our residents were treated to some musical entertainment to celebrate Valentine's Day. Seeing them singing along and enjoying themselves never fails to bring a smile to the staff.





#### Research

The nursing home is still busy with the two research projects. The FinCH study assesses an individual's falls risk factors and the implementation of further actions. The second study is the Vivaldi Project and the final blood testing will be conducted shortly to confirm whether a person is producing antibodies from contracting Coronavirus or from immunisation. We will keep you updated re the findings.

#### Students

Kineton Manor is a Teaching Care Home and is very fortunate to have students from both De Montfort and Coventry Universities. The students always really enjoy their time with us and we have had excellent feedback from those that have finished their placements. We value their input and



we learn from each other. We aim to inspire the students and hope that some may choose to work in social care after they qualify, rather than for the NHS.

# **Toiletries and Clothing**

We kindly ask that you keep an eye on the stock of toiletries in your loved one's room. Please don't forget disposable razors and either toothpaste and tooth brushes or denture tabs. Shower gel or body wash should preferably be one that is suitable for sensitive skin.

If new clothing is brought in please remember to ask in the laundry for the plastic name tags to be applied. Please check your loved one's wardrobe from time to time to make sure they have enough suitable clothing for the time of year.

### New Hot Drinks Machine

We are very pleased to inform you that we have finally installed a new hot drinks machine for our visitors. We have a lovely new Lavazza machine (situated to the left of the door into the dining room) which serves an array of coffees, hot chocolate and hot water for making tea. Do please help yourself to a complimentary drink and biscuits whenever you visit. If you have any problems using it, please ask for assistance at Reception.

# Staff Christmas Party

After two years without one, the staff were finally treated to a Christmas party, held at our local Indian restaurant, Shukurs. It was a great opportunity for everyone to enjoy some much needed time together outside of work.





